

The Fort Ord Regional Trail and Greenway (FORTAG) will provide the City of Del Rey Oaks with a world class trail system that safely connects neighborhoods with each other as well as to parks, open space, and businesses.



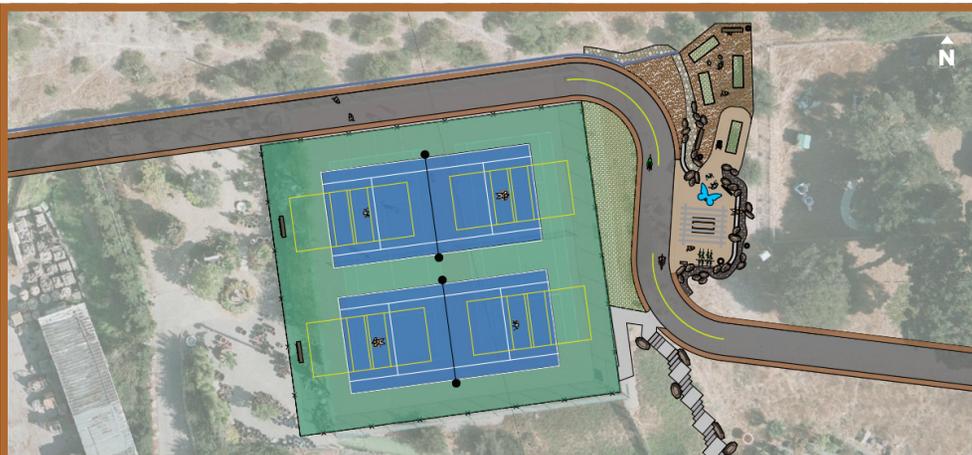
TOP 5 BENEFITS OF ACCESSIBLE TRAILS

1. They improve access and provide a safe route to many wonderful spaces in the community, like the nature preserve, parks, tennis courts, and other trails.
2. They provide a sustainable alternative to using motor vehicles to travel to and from work, school, or errands.
3. They support economic and community development.
4. They encourage physical activity and foster healthy communities - helping people live healthier and happier lives.
5. They provide opportunities for mobility-challenged adults and young children by being accessible to people of all abilities.

IT'S MORE THAN A TRAIL

This first segment of FORTAG includes several community improvements in Del Rey Oaks that would not be feasible without the trail:

- The project will provide accessible connectivity to the Frog Pond.
- It will clean up and restore portions of Work Memorial Park, leading towards the City's vision of a natural open space park where people can enjoy the beauty of the wetlands, uplands, wildlife, and more.
- It will improve Carlton Drive by reconfiguring the roadway to slow down vehicles and add parking on the west side of the roadway, all while adding trees and providing an entryway to the community from SR 218 through an innovative pathway design.
- It will integrate and enhance the Butterfly Garden as a park space for gardening, education, and wildlife observation.
- It will address safety issues at the Safeway driveway on southbound SR 218 by providing a dedicated right turn into the driveway, providing stop signs on the trail, and improving the pedestrian/bicycle crossing at the driveway.
- It will reconstruct and resurface the Del Rey Oaks tennis courts at Work Memorial Park, improve access, and provide bike storage areas and drinking fountains.



RESURFACED TENNIS COURTS AND ENHANCED BUTTERFLY GARDENS



IMPROVING CARLTON DRIVE



FUN TRAIL FACTS



ACCESS TO TRAILS MAKES PEOPLE HEALTHIER

Access to recreational spaces increases the number of people able to exercise by 25%, which leads to reduced instances of diabetes, hypertension, and related conditions, according to the National Academy of Medicine.¹



ACCESS TO TRAILS IMPROVES WELLBEING

Not only does outdoor recreation benefit physical health, but it improves mental health by reducing tension, anger, anxiety, and depression.² Even spending short amounts of time in nature, without physical exertion, can boost one's mood. It's been shown to be calming, to improve attention, and increase overall happiness and wellbeing in children and adults.³



TRAILS CAN INCREASE PROPERTY VALUES

Trails positively influence economic growth through the cultivation of greater connections between community members. Researchers reviewed over 20 studies of the impact of trails on residential property values; results indicated that property values of single-family homes located next to trails most often increased by 3-5%.⁴

1 <https://www.nap.edu/catalog/13275/accelerating-progress-in-obesity-prevention-solving-the-weight-of-the>
2 <https://doi.org/10.1021/es102947t>
3 <https://www.apa.org/monitor/2020/04/nurtured-nature>
4 <https://www.nrpa.org/parks-recreation-magazine/2020/may/the-impact-of-trails-and-greenways-on-property-values/>

To learn more about FORTAG visit:



www.fortag-canyondelrey.com



www.tamcmonterey.org/fort-ord-regional-trail-greenway

Kendall Flint, Outreach Task Manager
Kendall.Flint@dksassociates.com